

October 2024

SER-Ninos Breakfast K8

	01 Breakfast Entree Mini Confetti Pancakes Fruit Sliced Peaches Apple Juice	02 Breakfast Entree Chicken Sausage & Cheese Stuffed Maple Waffle Fruit Clementine Apple Juice	03 Breakfast Entree Turkey Sausage Biscuit Sandwich Fruit Fuji Apple Apple Juice	
07 Breakfast Entree Trix Cereal Fruit Pears Apple Juice	08 Breakfast Entree Grape Filled Crescent Roll Fruit Sliced Peaches Apple Juice	09 Breakfast Entree Blueberry Belgian Waffle Fruit Clementine Apple Juice	10 Breakfast Entree Cinnamon Toast Crunch Mini French Toast Fruit Fuji Apple Apple Juice	11 Breakfast Entree Yogurt & Granola Fruit Grapes Apple Juice
14 Breakfast Entree Cinnamon Toast Crunch Soft Filled Bar Fruit Pears Apple Juice	15 Breakfast Entree Golden Grahams Fruit Applesauce Apple Juice	16 Breakfast Entree Mini Maple Pancakes Fruit Clementine Apple Juice	17 Breakfast Entree Caramel Mini Cinnis Fruit Fuji Apple Apple Juice	18 Breakfast Entree NEW!! Trix Muffin Fruit Grapes Apple Juice
21 Breakfast Entree Honey Cheerios Fruit Pears Apple Juice	22 Breakfast Entree Cowboy Bread Fruit Sliced Peaches Apple Juice	23 Breakfast Entree Banana Chocolate Chip Breakfast Oatmeal Round Fruit Clementine Apple Juice	24 Breakfast Entree Turkey Sausage, Egg & Cheese Breakfast Bagel Fruit Fuji Apple Apple Juice	2 Breakfast Entree Cocoa Puffs Cereal Fruit Grapes Apple Juice
28 Breakfast Entree Cinnamon Toast Crunch Fruit Pears Apple Juice	29 Breakfast Entree NEW!! Mini Blueberry Pancakes Fruit Sliced Peaches Apple Juice	30 Breakfast Entree Chicken, Beef & Cheese Kolache Fruit Clementine Apple Juice	31 Breakfast Entree Honey Chicken Biscuit Fruit Fuji Apple Apple Juice	

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- mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410 fax: (202) 690-7442; or email: program.intake@usda.gov.
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SER-Ninos Lunch Preschool

	01 Lunch Entree Cheeseburger Vegetables Pinto Beans Fruit Sliced Oranges	02 Lunch Entree Rotini & Meatballs Fruit Red Apple Slices	03 Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes Fruit Apple Juice	04
07 Lunch Entree Breaded Whole Muscle Chicken Sandwich Vegetables Green Beans Fruit Applesauce	08 Lunch Entree Beef & Cheese Walking Taco Vegetables Pinto Beans Fruit Sliced Oranges	09 Lunch Entree Savory Beef Meatloaf Vegetables Mashed Potatoes Fruit Red Apple Slices Grains Dinner Roll	10 Lunch Entree Breakfast for Lunch: Scrambled Eggs & Mini Pancakes Vegetables Tater Tots Fruit Apple Crisps	11 Lunch Entree Pizza Crunchers Vegetables Diced Carrots Fruit Diced Peaches
14 Lunch Entree Grilled Cheese Vegetables Diced Potatoes Fruit Applesauce	15 Lunch Entree NEW!! Chicken & Waffle Crisps Vegetables Creamed Corn Fruit Sliced Oranges	16 Lunch Entree NEW!! Beef & Cheese Quesadilla Vegetables Pinto Beans Fruit Red Apple Slices	17 Lunch Entree NEW!! Bowtie Pasta & Meatballs Vegetables Vegetable Blend Fruit Apple Juice	18 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Diced Carrots Fruit Diced Peaches
21 Lunch Entree Cheeseburger Vegetables Diced Potatoes Fruit Applesauce	22 Lunch Entree Turkey Carnitas Taco Vegetables Creamed Corn Fruit Sliced Oranges	23 Lunch Entree NEW!! Vegetable Dumplings with Rice Vegetables Broccoli Fruit Red Apple Slices	24 Lunch Entree Chicken Tenders & Honey Mustard Dip Vegetables Breaded Okra Fruit Apple Juice	25 Lunch Entree Mozzarella Stuffed Breadsticks with Marinara Dip Vegetables Diced Carrots Fruit Diced Peaches
28 Lunch Entree Breaded Whole Muscle Chicken Sandwich Vegetables Baked Beans Fruit Applesauce	29 Lunch Entree Crispy Orange Chicken with Rice Vegetables Diced Carrots Fruit Sliced Oranges	30 Lunch Entree Cheeseburger Mac Fruit Red Apple Slices	31 Lunch Entree Trick or Treat Boneless Wings with Spooky Spicy Buffalo or Sweet BBQ Sauce Vegetables NEW!! Onion Rings Fruit Apple Juice	

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03 04 01 02 l unch Entree Lunch Entree Lunch Entree Cheeseburger Rotini & Meatballs "Fried" Chicken Bowl with Mashed Potatoes & Corn Vegetables Vegetables Pinto Beans Fruit Green Beans Apple Juice Broccoli Fruit Red Apple Slices Fruit Orange 07 08 09 10 11 Lunch Entree Lunch Entree Lunch Entree Lunch Entree Lunch Entree Breaded Whole Muscle Chicken Sandwich Beef & Cheese Walking Taco Savory Beef Meatloaf Breakfast for Lunch: Scrambled Eggs & Mini Pancakes Pizza Crunchers Vegetables Vegetables Vegetables Vegetables Vegetables Broccoli Pinto Beans Mashed Potatoes Baby Carrots Dragon Punch Green Beans Diced Carrots Green Beans Broccoli Florets Tater Tots Fruit Fruit Fruit Fruit Fruit Craisins Orange Red Apple Slices Sliced Peaches Apple Crisps Grains Dinner Roll 14 17 18 15 16 Lunch Entree Lunch Entree Lunch Entree Lunch Entree Lunch Entree All Beef Hot Dog NEW!! Chicken & Waffle Crisps NEW!! Beef & Cheese Quesadilla NEW!! Bowtie Pasta & Meatballs Turkey & Beef Pepperoni Pizza Vegetables Vegetables Vegetables Vegetables Vegetables Diced Potatoes Vegetable Blend Diced Carrots Corn Pinto Beans Carrots Collard Greens Corn Sugar Snap Peas Broccoli Florets Fruit Fruit Fruit Fruit Fruit Raisin Orange Red Apple Slices Apple Juice Sliced Peaches 25 21 24 22 23 Lunch Entree Lunch Entree Lunch Entree Lunch Entree Lunch Entree Cheeseburger Turkey Carnitas Taco NEW!! Vegetable Dumplings with Rice Chicken Tenders & Honey Mustard Dip Mozzarella Stuffed Breadsticks with Marinara Dip Vegetables Vegetables Vegetables Vegetables Vegetables Diced Potatoes Pinto Beans Diced Carrots Breaded Okra Baby Carrots Green Beans Corn Broccoli Green Beans Broccoli Florets Fruit Fruit Fruit Fruit Fruit Red Apple Slices Craisins Orange Apple Juice Sliced Peaches 29 30 28 31 Lunch Entree Lunch Entree Lunch Entree Lunch Entree Crispy Orange Chicken with Rice Breaded Whole Muscle Chicken Sandwich Trick or Treat Boneless Wings with Spooky Spicy Buffalo or Sweet BBQ Sauce Cheeseburger Mac Vegetables Vegetables Vegetables Vegetables Baked Beans Diced Carrots Broccoli NEW!! Onion Rings Green Peas Fruit Fruit Orange Corn Red Apple Slices Fruit Fruit Grains Sour Watermelon Raisins Apple Juice Vegetable Egg Roll

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	0'		02 03	C
	Lunch Entree	Lunch Entree	Lunch Entree	
	Cheeseburger	Rotini & Meatballs	"Fried" Chicken Bowl with Mashed Potatoes & Corn	
	Vegetables	Vegetables	Fruit	
	Pinto Beans	Green Beans	Apple Crisps	
	Diced Carrots	Fruit	Apple Juice	
	Fruit	Red Apple Slices	Grains	
	Orange	Apple Juice	Dinner Roll	
	Apple Juice	Grains		
		Dinner Roll		
07			09 10	
unch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
readed Whole Muscle Chicken Sandwich	Beef & Cheese Walking Taco	Savory Beef Meatloaf	Breakfast for Lunch: Scrambled Eggs & Mini	Pizza Crunchers
egetables	Vegetables	Vegetables	Pancakes	Vegetables
roccoli	Pinto Beans	Mashed Potatoes	Vegetables	Baby Carrots
ireen Beans	Diced Carrots	Green Beans	Tater Tots	Brocoli Florets
ruit	Fruit	Fruit	Diced Carrots	Fruit
raisins	Orange	Red Apple Slices	Fruit	Sliced Peaches
			Apple Crisps	
Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
	Grains	Grains	supple solice	Condiments
	Mexican Rice	Cheesy Cornbread Muffin		Ranch Packet
14	4 1	5	16 17	
unch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
ll Beef Hot Dog	NEW!! Chicken & Waffle Crisps	NEW!! Beef & Cheese Quesadilla	NEW!! Bowtie Pasta & Meatballs	Turkey & Beef Pepperoni Pizza
egetables	Vegetables	Vegetables	Vegetables	Vegetables
viced Potatoes	Collard Greens	Pinto Beans	Vegetable Blend	Diced Carrots
liced Carrots	Diced Carrots	Corn		Brocoli Florets
			Sugar Snap Peas	
ruit	Fruit	Fruit	Fruit	Fruit
Raisins	Orange	Red Apple Slices	Apple Crisps	Sliced Peaches
Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
				Condiments
				Ranch Packet
2'	22	2	23 24	2
unch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
Cheeseburger	Turkey Carnitas Taco	NEW!! Vegetable Dumplings with Rice	Chicken Tenders & Honey Mustard Dip	Mozzarella Stuffed Breadsticks with Marinara Dip
egetables	Vegetables	Vegetables	Vegetables	Vegetables
iced Potatoes	Pinto Beans	Diced Carrots	Breaded Okra	Baby Carrots
reen Beans	Sautéed Corn & Peppers	Broccoli	Diced Carrots	Brocoli Florets
ruit	Fruit	Fruit	Fruit	Fruit
raisins	Orange	Red Apple Slices	Apple Crisps	Sliced Peaches
pple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
	Grains			Condiments
	Mexican Rice			Ranch Packet
	Condiments			
	Cholula Packet			
28	3 29		30 31	
unch Entree	Lunch Entree	Lunch Entree	Lunch Entree	1
readed Whole Muscle Chicken Sandwich	Crispy Orange Chicken with Rice	Cheeseburger Mac	Trick or Treat Boneless Wings with Spooky Spicy	
egetables	Vegetables	Vegetables	Buffalo or Sweet BBQ Sauce	
aked Beans	Diced Carrots	Broccoli	Vegetables	
	Fruit	Fruit	NEW!! Onion Rings	
ann Beac			Corn	
	Orango			
uit	Orange	Red Apple Slices		
ruit our Watermelon Raisins	Apple Juice	Apple Juice	Fruit	
ireen Peas ruit our Watermelon Raisins ypple Juice				

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